Kritéria talentové zkoušky z cyklistiky

24. 10. 2020

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Trenažer 200 W/5 min. | | | Člunkový běh 4×10 m | | | Skok z místa | | |
| M | Z | body | M | Z | body | M | Z | body |
| 4 700 | 4 400 | 20 | 0 | 0 | 10 | 0 | 0 | 0 |
| 4 600 | 4 300 | 18 | 12,6 | 13,30 | 8 | 180 | 160 | 2 |
| 4 500 | 4 200 | 16 | 13,3 | 14,00 | 6 | 190 | 170 | 4 |
| 4 400 | 4 100 | 14 | 14,0 | 14,70 | 4 | 200 | 180 | 6 |
| 4 300 | 4 000 | 12 | 14,7 | 15,40 | 2 | 210 | 190 | 8 |
| 4 200 | 3 900 | 10 | 15,6 | 16,10 | 0 | 220 | 200 | 10 |
| 4 100 | 3 800 | 8 |  |  |  |  |  |  |
| 4 000 | 3 700 | 6 |  |  |  |  |  |  |
| 3 900 | 3 600 | 4 |  |  |  |  |  |  |
| 3 800 | 3 500 | 2 |  |  |  |  |  |  |
| 3 700 | 3 400 | 0 |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Shyby | | | Jacíkův test | | | Hod medicinbalem 2 kg | | |
| M | Z | body | M | Z | body | M | Z | body |
| 0 | 0 | 0 | 0 | 0 | 0 | 0,0 | 0,0 | 0 |
| 2 | 1 | 1 | 48 | 37 | 1 | 5,5 | 2,5 | 1 |
| 3 | 2 | 4 | 51 | 40 | 2 | 6,0 | 3,0 | 2 |
| 6 | 4 | 6 | 55 | 44 | 3 | 6,5 | 3,5 | 3 |
| 8 | 6 | 8 | 58 | 48 | 4 | 7,0 | 4,0 | 4 |
| 10 | 8 | 10 | 61 | 51 | 5 | 7,5 | 4,5 | 5 |
|  |  |  | 66 | 55 | 6 | 8,0 | 5,0 | 6 |
|  |  |  | 70 | 58 | 7 | 8,5 | 5,5 | 7 |
|  |  |  | 74 | 61 | 8 | 9,0 | 6,0 | 8 |
|  |  |  | 77 | 66 | 9 | 9,5 | 6,5 | 9 |
|  |  |  | 80 | 70 | 10 | 10,0 | 7,0 | 10 |